

What's on - June

Group or Activity	Time	Cost	How to Get Involved	Information
Monday				
SOSA Dance Class	9.45am - 10.45am	£5	Contact Trudy: 07787 419022	No need to book
Ballet Be Fit	11am - 12pm	£7	Contact Trudy: 07787 419022	Booking essential
Ladies Club	1.30pm - 4pm	£1	Everyone is welcome!	
Sacriston Youth Project	4.30pm - 6.00pm	£1	Youth Club	Walk ins welcome
Ballet Be Fit	7pm - 8pm	£7	Contact Trudy: 07787 419022	Booking essential
Tuesday				
Lunch Club	12pm - 1pm	£4	Two course meal	Term time only
Gentle & Seated Exercise	1.30pm - 2.30pm	Free	Come along!	Gentle aimed at 50+
NHS Weight & Wellbeing	3pm - 7pm	Free	Ask your GP for a referral	
Sports Cool - Multi Sports	5pm - 6pm	50p	Book online: http://pbbl.uk/SportscoolDurham	Term time only
Actadog Academy	6pm - 8pm	Various	Contact Fiona: 07746993690	Dog training
STOMP	7.15pm - 8pm	£6	Contact Michele: 07956 992069	Trampoline exercise
Wednesday				
Baby & Toddler Group	9.30am - 11am	£1.50	Come along!	Term-time only
Art Club	2pm - 4pm	£1	Everyone is welcome!	
Northern Star School of Dance	4.30pm - 7pm	Various	Contact Bonita: 07584289017	Three classes
Camera Club	7.30pm - 9pm	50p	Everyone is welcome!	
Thursday				
Walking Group – Walk Durham	9.30am - 11am	Free	Come along!	Thrive Active
Lunch Club	12pm - 1pm	£4	Two course meal	Term time only
Digital Cafe	1pm - 2pm	Free	Pop in for any tech support	
Slimming World	5.30pm - 7pm	£5.95	Come along to join	slimmingworld.co.uk
Belly Dancing	7.15pm - 8.15pm	£6	Contact Sarah: 07986 921118	
Friday				
Craft Club	10.30am - 12.30pm	£1	Everyone is welcome!	
Stronger Together	1pm - 3pm	Free	To book: info@strongertogethergroups.co.uk	Drop in sessions
Saturday				
Community Cafe	9am - 12pm	Various	Food and drinks available	
Northern Star School of Dance	9am - 3pm	Various	Contact Bonita: 07584289017	Several classes
Sunday				
Creative Allsorts	10am - 1pm	£150 for term	Book online for the term: www.creativeallsorts.co.uk	Musical performance class for kids age 6+